

# Year 3s Big Bird Assembly

This morning all of the Year Three's put on one big bird themed show for parents and whanau. Our awesome assembly was linked to our Term topic 'Native Wings'. We treated our audience with an extravaganza of bird acts – from our Kiwi Rangers who shared interesting facts about NZ native birds, two wonderful poems about the Tui and the Fantail, a hilarious play about a Tui in a tree, some colourful Chicken dancers who were pretty funny with their amazing actions, and a round of Rockin' Robins putting on a song and dance. The audience were also treated to some witty Quiz Masters who gave out prizes to a few clever students. We are looking forward to heading to Tiritiri Matangi bird sanctuary to see these NZ native and endemic birds up close.







To our Year 7&8 Boys Basketball Team for demonstrating outstanding skill and sportsmanship in this week's Eastern Zone tournament (see write up later in newsletter).

#### Upcoming Events August

- 19 Y3-8 Cross Country Competition -1.30pm
- 20 Board of Trustees Meeting (6.30pm Board Room)
- 22 Y5&6 Speech Finals
- 23 Year 5 Assembly
- 23 Y7&8 Speech Finals

### September

- 2-6 Tongan Language Week
- 7 PTA Meeting (7.30pm Staffroom)
- 5 Year 7&8 Social
- 8-13 AIMS Games Week
- 9-15 Te Wiki o Te Reo Maori
- 10 Bays Suburbs Girls Basketball
- 11 Bays Suburbs Boys Basketball
- 12 ICAS Spelling Bee
- 17 ICAS English
- 17 Board of Trustees Meeting (6.30pm Board Room)
- 18-19 Year 3 Trip to Tiritiri Matangi
- 19 ICAS Maths
- 20 Year 6 Assembly
- 25-26 Student Led Conferences
- 26 Bays Suburbs Hockey
- 27 Last day of Term

### "Changing Learning for a Changing World"

# Year 3s Big Bird Assembly Photo's



## **Bounce Back Programme**

St Thomas's is currently looking into implementing the Bounce Back programme, a Social and Emotional Learning programme, into some classrooms. Bounce Back was developed by Dr Toni Noble and Helen McGrath to help schools promote positive mental health, well-being and resilience, and to equip students with the tools they need to deal with an increasingly complex world.

The Bounce Back Programme is based on the principles of Cognitive Behaviour Therapy and Social and Emotional Learning. It is an evidence-based programme that teaches positive and emotional life skills that help them to "bounce back" if they experience unhappiness, difficulties, frustrations and challenging moments. The Resource Teachers for Learning and Behaviour will be supporting St Thomas's to bring this programme into St Thomas's School. Initially the programme will be trialled and if all goes well, we will look to go school wide with the programme.

## Kapa Haka Performance this Sunday

The Senior Kapa Haka ropū will be performing **THIS SUNDAY** at the Ngā Rau o te Kahu kapa haka festival at Ōrākei Marae. You can see them on stage at **1.25pm**. Please come along to tautoko (support) our crew who have been working so very hard this year! Keep your eyes open for more details about how it went in the next newsletter.

To the crew...kia kaha, kia māia, kia manawanui! (Be strong, be brave, be steadfast!)



# **Congratulations to the Following Students**

The following students have been accepted into the cast for the production of Disney's My Son Pinocchio, which will run 6 performances at the ASB Waterfront Theatre in December. This is a huge achievement, as over 250 children and young adults from all over Auckland auditioned to be part of the cast and only 126 were selected.

Year 5: Elodie Austin-Murray & Freya Burke Year 7: Aidan Edwards Year 8: Evie Pastiroff

We will let you know when tickets go on sale.

### "Changing Learning for a Changing World"

## Year 7&8 Eastern Zone Boys Basketball Tournament - Message from Coach

I had to send a message to you to say how outstanding the boys were yesterday. As I said to them it is not about the size of the dog in the fight, it's about how much fight there is in the dog.

One thing they could control was how much effort they could put in, and they absolutely played out of their skins all day. We gave up at least 10cms in height, player for player across the court, for every team we faced. We only had one sub as opposed to squads of 12 plus, so all our boys had to run hard and push themselves through the fatigue all day to stay in the game.

We believed that if we fought hard every game, we could cause some upsets - which we absolutely did in beating St



Kent's in our pool game. Winning our three pool games meant we had earned ourselves a semi-final spot.

Facing Sacred Heart and their 'Elite' training squad team, we still believed we had an opportunity to take a win. 35 all at full time, and a controversial end to the game, absolutely backed that up. At the end of extra time we had lost by just one bucket. The boys were gutted, because they knew they had played well enough to take the game and deserved it. Needless to say, it was a very relieved Sacred Heart coach after the semi.

In our 3rd/4th playoff game - played straight after the semi - we were flat, and the boys were toast. Again, we faced a big and tall squad full of subs....The boys lifted again to come within one bucket of taking 3rd spot and

scaring another big school with a professionally supported basketball programme.

To say how proud, we are of the boys is an understatement. They never lost sight of what we were trying to achieve and remained absolutely humble in victory and defeat throughout the day.

Sincere congratulations to Angus, Ben, Ivan, Sam, Costa and Jake on such an outstanding effort in coming fourth out of 16 teams!



They were outstanding.

## **Girls Basketball**

On Wednesday a group of St Thomas's girls, ranging from year 7- 8, went up to Selwyn College to compete in the Eastern Zone Basketball tournament. In the end the girls ended up coming 5th out of 8 but had a great day. "I had so much fun and I learnt loads about Basketball". Shanice, our coach, was very helpful and taught us a bunch of skills. Overall the day was loads of fun and even though we weren't the best we had a blast! *Evie Pastiroff - Year 8* 



## **Good Luck to the Water Polo Team**

Good Luck to our St Thomas's Tsunami Water Polo team competing in the Winterfest Intermediate Tournament, great preparation for AIMS...go team!



## Year 7 and 8 Girls Football

On Wednesday the 14<sup>th</sup> of August the Year 7 and 8 Girls AIMS Football team had a pre-tournament Football game against the Selwyn Year 9 and 10 A team. It was a great warm up game and gave us the opportunity to try players in different positions. The first goal was scored by the Selwyn A team. This was against the run of play as St Thomas's dominated the possession of the ball. We hit straight back with a St Thomas's corner. We continued to create several opportunities and making some great play down both flanks. The score ended 3 - 2 with St Thomas's ending up on top. We have learnt some valuable lessons over the last few weeks and are really looking forward to the AIMS tournament in September. Our goal is to be in the top 10 schools at the tournament.

Well done girls!



## **AIMS Games Fundraising**

The 2019 AIMS Games Team would like to thank the school community for supporting our fundraising efforts throughout this year. The tournament is coming up this term from  $8^{th} - 13^{th}$  September and we are all very excited.

The team are as follows:

Girls Football	Boys Football	Waterpolo	Cross-Country	Individual Competitors
Lily Smith	Riley Hancock	Maxximo Ly	Daniel Farnworth	Ocean Wikaira - BMX
Ella Morgan	Jake Laurence	Audrey Van den	Joel Everett	Monique Kelly - Gymnastics
Amber Jessiman	Cooper Agnew	Berg	James Hills	Daniel Miller - Gymnastics
Jade Blomfield	Liam McLachlan	Sasha Dutton	George Duggan	Samuel McKnight – Rock
Evie Pastiroff	Ricky Kobayashi	Stevie Abercrombie	Zara Pomfret	Climbing
Anna Crowther	Hamish McCarthy	Lucy Smith	Liam McLachlan	Sophie Barry - Swimming
Amaya Carroll	Eldor Murati	Ben Jamison	Jake Laurence	
Rose Meleisea	Sam Howe	Ella O'Brien	Molly Willis	
Molly Willis	Pratik Patel	Zara Pomfret		
Jasmine Foster	Christian Moller	Sami Lawler		
Sophie Barry	Abinayan	Lily Baldwin		
Uniqa Witika-	Jeyaseelan	Mace Cadwallader		
Mahanga	Ryusei Terakado			
Tabitha Foster	William Paki			
Katelyn McKay	Tyler Holland			



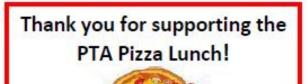




"Changing Learning for a Changing World"



Friday 20<sup>th</sup> September We are still collecting second hand uniforms for this sale, please drop off your preloved uniforms to the office. Thank you.





Remember to join our St Thomas's School Community Facebook page for regular updates and event reminders.